

# THE DAILY PLANET



Published By: **ALMADEN SUPER LIONS CLUB**  
District 4-C6. Serving the South San Jose Community

Volume 6 Issue 1  
June 15, 2008

Website: [www.almadenlions.org](http://www.almadenlions.org) e-mail: [newsletter@almadenlions.org](mailto:newsletter@almadenlions.org) Membership: [jeff.spedding@sbcglobal.net](mailto:jeff.spedding@sbcglobal.net)

## Table of Contents

<i>It's Lion's Night at KTEH</i>	1
<i>Almaden Super Lions In Action</i>	1
- 17th Annual I Care Classic Bicycle Tour	
- Cookout at The Soapbox Race	
- San Jose Giants Game	
<i>Special Report - Updated Info on LCIF's response to China Earthquake</i>	3
<i>During and After An Earthquake</i>	5
<i>Invitation to ADA's Step Out to Fight Diabetes Community Kick Off</i>	8
<i>Club Calendar</i>	9

## Side Lines

*This is officially my last issue as the Editor of Almaden Super Lions Daily Planet Newsletter. Lion Dr. Vigil will be taking over from me. I started April of last year and it has been a wonderful and fun experience for me. I sincerely hope the feeling is mutual for my readers as well.*

*The way how I measure success is not how much wealth one has accumulated or what position he holds but by how many people he helped. I would like to think our newsletter has been a successful one.*

*Please write to us with your suggestions and comments at [newsletter@almadenlions.org](mailto:newsletter@almadenlions.org)*



## IT'S LION'S NIGHT AT KTEH

BY RICHARD SILVERIA

Almaden Super Lions participated in the first KTEH Lions Night. Almaden Super was one of six clubs that participated on June 7 at the KTEH studios. This was a way for the Lions of District 4-C6 to get some exposure as well as providing service to the community. Lions in attendance were Rick Silveria, Lanny Ross, Jim Hunt, Lois Ferber, Alan Woertink, and Steve Marks. Also in attendance were Associate members Jim Goodheart, and soon to be Almaden Super Lions Mary and John Kelly.



Peter Yarrow warming up the volunteers

The evening started out with all 20 Lions signing in, donning their club shirts or vests, and staging

(Continued on Page 2)

## ALMADEN SUPER LIONS IN ACTION

**17th Annual I Care Classic Bicycle Tour** — On May 17th, more than 500 riders participated in Almaden Super Lions 17th annual I Care Classic Bicycle Tour.

Thanks to Lions Steve Marks and all the volunteers from Almaden Super and other Lions Clubs who made the event a well organized and fun day for all the riders and volunteers. The day started with Lion Tom Smith showing up at Paramit at 4:30 to get the coffee going and finished with Lion Jim Goodheart driving around to pick up the last few stragglers. Of course, we need to mention everyone else in the Club for the huge amount of preparatory work prior to the event—getting sponsorship, grocery shopping, setting up at the Paramit base, registration, SAG drivers, BBQ, .... Our Club really works like a fine oiled machine. Everyone jumps in wherever there is an opportunity to contribute and to serve. We all should be very proud of ourselves.



6 o'clock in the morning, Registration Desk was fully staffed with volunteers and riders have lined up.

**Cookout at The Soapbox Race** — On June 1, Almaden Super Lion setup a food stand at the 2nd Annual Soapbox Derby organized by our sister club Sunnyvale Host. Almaden Super Lions TA Hunter, Greg Goodman, Mary Kelly, Kevin Booth, Len Grilli, Harry Hall, Na'dor Krause,



(Continued on Page 2)

Picture of a rider enjoying the ride

(From Page 1— It's Lion's Night at KTEH)

in the break room to get ready to man/woman the phones. The Special guest for the night was Peter Yarrow of Peter, Paul and Mary. He came into the break room and got us warmed up by singing some of the group's hit songs such as Puff the Magic Dragon. There was also a game that you could play to guess the names of the Peter, Paul and Mary songs by the clues that were laid out on the counter such as a hammer ( If I had a Hammer). Dinner was provided by Pasta Pomodoro.

Now it was time to get ready to answer the phones. This was not a complicated process, #00 to turn the phones on and #0 to turn the phones off. A script was given to us to make sure we asked all the right questions and a sheet to record all the information. Each phone call would take a couple of minutes to get all the information. It also took a little longer if Peter got on the phone.

The group worked 6 pledge breaks. The break would last anywhere from 5 to 15 minutes with most of them being around 5 minutes. Most of the time one or 2 phone calls were all that you got to handle during this time. The interesting thing on this night was that Peter would talk to the callers as you were taking pledges.



Lois taking a call and Mary on the wings



Steve and Goody on the phone



Rick and Lois between pledge breaks



Peter Yarrow taking a call next to Alan

It was great to have the number of Lions show up and provide the service to this worthwhile cause. Everybody seemed to have a great time and I look forward to doing it again.

Oh, by the way, remember I told you that there was a game to guess the names of the songs, well, it turns out that Steve Marks was the winner of the game and won a fantastic prize. He is now the proud owner of a KTEH coffee Mug.

I want to thank all the Lions who came out and made this event a great success.

(From Page 1 — Almaden Super Lions In Action)

Lanny Ross, Christine Vigil, Alan Woertink, Il-iana Kelly, and several other members spent a fun day there serving food and enjoying the Soap Box Derby race.



A rider coming the slope during the Soap Box competition.

For more information about the race and pictures, please visit <http://mountain-view-news.newslib.com/story/714-3239206/> and <http://www.flickr.com/photos/rickwashburn/sets/72157605444962935>.

**San Jose Giants Game** — It was “Let’s go see the ball day” on June 8, just one day after volunteering at the KTEH, members of Almaden Super Lions spent Sunday afternoon watching the San Jose Giants game and volunteered at the event. Thanks to Lion Jim Hunt who took many wonderful pictures.



Lion Lois danced with San Jose Giants Mascot



Patrick Wilkus, a long time Almaden Super Lions Club member, pitched the first ball



Patrick Wilkus, sang the National Anthem



Lion Len Grilli presented a "Barry Bond style" bat to Patrick Wilkus

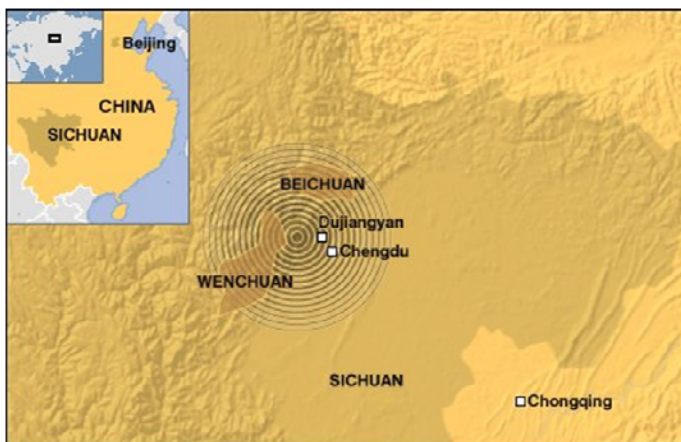
## SPECIAL REPORT — UPDATED INFO ON LCIF'S RESPONSE TO CHINA EARTHQUAKE

LION JIMMY ROSS

*[Editor: An earthquake, magnitude 8.0, struck Sichuan Province of China at 2:28 p.m. May 12, 2008. The epicenter of the earthquake, Wenchuan, is about 90 miles from Chengdu. The earthquake released more energy than 500 atomic bombs, 30 times more than the Kobe earthquake in Japan, 1995. 4.7 million houses collapsed or heavily damaged with large number of people perished.*

*Why do I want to talk about this well publicized tragedy and reprint Lion Jimmy Ross message in our newsletter? Some of you may know that in 1992 and 1993, I spent two years in that part of the world constructing satellite ground stations. I was in Dujiangyan (see map) most of the time with frequent trips passing the treacherous roads through Wenchuan onto the Tibetan Plateau. I have so many fond memories of the region and people whom I worked with and became friends. I remember the days when we were trapped behind falling rocks, getting headaches due to altitude sickness, staying in hotel rooms without power and running water, and the ultra friendly locals ... I remember the mountains and vast grass land of Tibetan Plateau. I wish everyone that I used to work with, all of my friends, and their families are safe. — By Lion Wen Doong]*

*(Reprint continued on next page)*



Map of the earthquake affected region and Dujiangyun



Picture Lion Wen took in 1992 while traveling in Wenchuan County in Sichuan, China

**Reprint of "Lions - Updated Info on LCIF's response to China Earthquake" by Lion Jimmy Ross**

Dear Fellow Lions,

I would like to update you on Lions Clubs International Foundation's and Lions' response to the massive earthquake in China on May 12.

LCIF and Lions around the world are mobilizing more than US\$2 million in funding and relief supplies. Within 48 hours LCIF committed a major catastrophe grant of US\$500,000. Lions in District 381 Guangdong in mainland China have raised more than US\$450,000 and relief material including food and medicine, Lions in District 380 Shenzhen in mainland China have raised US\$250,000 & relief material of US\$200,000 and Lions in District 303 Hong Kong and Macau have raised US\$160,000.

A team of 40 Lions from Districts 381 and 380 traveled to Sichuan province to assist with hands-on relief efforts and the immediate and emerging needs of victims. The Lions are still in the area, disbursing relief materials including tents, medicine and food. Working with the Chinese Red Cross, Lions purchased 10 relief vehicles and ambulances.

An organizing committee comprised of Lions from Districts 380, 381 and 303 and the China Council of Lions Clubs has been formed in order to plan and coordinate efficiently on the relief project. An immediate and long-term relief plan is being developed by local Lions to involve four stages: rescue, support, resettlement and reconstruction. Lions are planning to establish Lions 'tent' cities using 800 family size tents. Swedish Lions helped supply the tents and are also contributing 3,000 blankets.

To support immediate and long-term needs, Lions around the world are responding. A designated LCIF account has been established to help channel donations for this disaster. Donations can be made online at [www.lcif.org/donate](http://www.lcif.org/donate) noting "Lions China Earthquake Disaster Relief Fund" in the comments section.

Lions of Ethiopia have donated \$10,000; Chinese clubs in Vancouver, Canada expect to collect \$100,000; and Taiwan Lions have committed \$50,000. Lions in Brazil have partnered with a local company to provide 7,000 blankets. Many Lions are also helping by sharing this news with fellow Lions and the media.

Frequent and massive aftershocks have caused further damages and casualties from the tremor. There remain significant and varying needs. As in past large-scale disasters, Lions are on the ground now and are also steadfastly committed to long-term relief and reconstruction. Days, week and months from now Lions will continue to provide aid. There is a great need for tents since many houses were toppled in the quake and the rainy season has begun. Generators and water purifying machines are also in urgent need and will be well-utilized. Lions are using immediate funds to purchase these items and are also requesting assistance to obtain these items. Chinese Lions and victims of the earthquake know they can count on Lions' support to help as long as it takes to rebuild structures and rebuild lives.

LCIF is in constant contact with local Lions to determine the best immediate and long-term response. These regular updates are being posted on the [LCIF Web site](#) in order to keep Lions and the general public up-to-date on the latest news and response efforts.

Lions and LCIF's efforts have not gone unnoticed. News of the relief being provided has appeared on AOL, Forbes, Chicago Tribune, Chicago Daily Herald and several other national newspapers around the world, including seven major daily papers in China.

LCIF and Lions in China thank you for your continuous support for the victims in the affected areas. LCIF and Lions are proving the international humanitarian good we can accomplish together.

Together 'We Serve,'

Jimmy Ross  
LCIF Chairperson

## DURING AND AFTER AN EARTH QUAKE

SOURCE: WWW.NWCN.COM

**[Editor:** I took the quiz on the “During and After A Quake” on <http://www.nwcn.com/sharedcontent/features/flash/quake/during.html>. I grew up in the Pacific Rim (the Rim of Fire) and have lived in the Bay Area for more than 20 years. I was surprised that I even missed a couple of the questions. We took screenshots of the 10 quiz questions and pasted them in the next few pages.

There are many faults in the Bay Area, certain to produce large earthquakes in the future. All Bay Area communities are at risk from the damaging effects of quakes—strong shaking, land sliding, and liquefaction. Scientists estimate that there is more than a 60% chance of a damaging earthquake striking the region in the next 30 years. We hope this article is informative to our readers and encourages everyone to always be ready. — By Lion Wen Doong]

The ground is shaking beneath you. It's an earthquake, and what you do in the next few seconds and minutes could be the difference between life and death or serious injury. Answer these 10 questions to test your knowledge of what to do **when** an earthquake strikes. [Click the button to continue:](#)

**1. Fast asleep in the middle of the night, you're shaken awake by an earthquake. What do you do?**

- A** Jump out of bed and run to the nearest doorway.      **B** Roll out of and under the bed.      **C** Stay where you are and cover your head and neck with a pillow.

**Answer: C** If you are in bed, hold on and stay there, protecting your head with a pillow. You are less likely to be injured staying where you are. Broken glass can cause injury if you roll on the floor or try to get to a doorway. [Click on the button to continue:](#)

**2. An earthquake strikes as you're getting ready for work or school. What is the safest thing to do?**

- A** Get out of the building as fast as you can.      **B** Get under a sturdy table, cover your neck and hold on.      **C** Get in a doorway and brace yourself by holding onto the frame.

**Answer: B** Drop, cover, and hold on! Move only a few steps to a nearby safe place. It is very dangerous to try to leave a building during an earthquake because objects can fall on you. Many fatalities occur when people run outside of buildings, only to be killed by falling debris from collapsing walls. In retrofitted buildings, it is safer to stay where you are. [Click on the button to continue:](#)

(Continued on page 6)

(From page 5 – During and After An Earthquake)

**3. Your family is enjoying a picnic in the park when the ground starts shaking. What's your plan of action?**

**A** Take shelter under the nearest large tree.

**B** Curl up in a ball on the ground.

**C** Get to the nearest open space and drop to the ground.

**Answer: C** If you're outdoors and an earthquake strikes, find a clear spot away from buildings, trees, streetlights and power lines. Drop to the ground and stay there until the shaking stops. Injuries can occur from falling trees, streetlights, power lines or building debris. [Click on the button to continue:](#)

**4. An earthquake has just struck and you're at the beach. Where's the best place to go?**

**A** Higher ground.

**B** Run into the water.

**C** The nearest lifeguard tower.

**Answer: A** If you're in a coastal area, move to higher ground. Strong earthquakes centered off the coast can create tsunamis (tidal waves). [Click on the button to continue:](#)

**5. You've just experienced a major earthquake and you're wondering what to do next. Do you:**

**A** Immediately shut off the gas line.

**B** Call 911 to report the quake.

**C** Put on protective clothing and begin assessing damage.

**Answer: C** Protect yourself from further danger by putting on long pants, a long-sleeved shirt, sturdy shoes and work gloves. This will help protect you from injury by broken objects. [Click on the button to continue:](#)

(Continued on page 7)

(From page 6 — During and After An Earthquake)

**6. After a quake, you notice you've got a cut on your forehead from flying glass. Your neighbor may have a broken ankle. Who do you treat first?**

**A** Yourself, then your neighbor.

**B** Your neighbor, then yourself.

**C** Neither. Call 911 and wait for the paramedics.

**Answer: A** Check yourself for injuries. Often people tend to others without checking their own injuries. You will be better able to care for others if you are not injured or if you have received first aid for your injuries. [Click on the button to continue:](#)

**7. You've been through a very strong earthquake and your home has suffered moderate damage. You're worried about the gas lines, but don't smell gas or hear it leaking. Should you shut off the gas just in case?**

**A** Yes

**B** No

**C** Not sure

**Answer: B** Leave the gas on at the main valve unless you smell gas or think it's leaking. It may be weeks or even months before professionals can turn your gas back on using correct procedures. Explosions have caused injury and death when homeowners have improperly turned their gas back on by themselves. [Click on the button to continue:](#)

**8. You're driving and it feels like you've got a flat tire, but then you realize it's an earthquake. What should you do?**

**A** Speed up to get away from other cars around you.

**B** Wait until you're under an overpass and then pull over.

**C** Pull over immediately and keep your seat belt on.

**Answer: C** If you're in a vehicle, pull over to a clear location, stop and stay there with your seat belt fastened until the shaking has stopped. Trees, power lines, poles, street signs, and other overhead items may fall during earthquakes. Once the shaking has stopped, proceed with caution. Avoid bridges or ramps that might have been damaged by the quake. [Click on the button to continue:](#)

(Continued on page 8)

(From page 7 – During and After An Earthquake)

**9. After a strong earthquake, there are a number of small fires in your neighborhood. What should you do?**

- A** Call the fire department, but then start working on putting them out yourself.
- B** Don't bother calling the fire department. Just try to put them out yourself.
- C** Call the fire department and wait for firefighters to put out the fires.

**Answer: A** If possible, put out small fires in your home or neighborhood immediately. Call for help, but don't wait for the fire department. Firefighters may be very busy responding to larger, more critical fires. Click on the button to continue:

**10. The water is off and you don't have any in your earthquake supply kit. What is a good source for potable water?**

- A** A swimming pool.
- B** A spa.
- C** Canned vegetables.

**Answer: C** If your water is off, you can drink from water heaters, melted ice cubes or canned vegetables. Avoid drinking water from swimming pools or spas. Click on the button to continue:

***INVITATION TO ADA'S STEP OUT TO FIGHT  
DIABETES COMMUNITY KICK OFF BREAKFAST***

*BY VAL ISAACSON*

**AMERICAN DIABETES ASSOCIATION  
STEP OUT: WALK TO FIGHT DIABETES  
Community Kick Off Breakfast**

**Tuesday, June 24, 2008**

8:00 am to 9:00 am

The Fairmont Hotel

The Garden Room

170 S. Market St. San Jose, CA. 95113

Meet fellow community leaders and a presentation on the financial impact of diabetes on our community. Learn what we can do together to fight "The Diabetes Epidemic". Let's show the community that Lions are committed to preventing blindness. Diabetes is the leading cause of preventable blindness in the US.

## June 2008

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 23	1 <a href="#">8a East Valley Pankake Feed</a>	2 <a href="#">6p Airport Commission</a>	3 <a href="#">6:30p Convention Committee</a>	4 <a href="#">7a Meeting at La Playita in Almaden</a>  <a href="#">12p Raffle Steve</a>	5 <a href="#">4:30p Wild Game Feed Cupertino Host</a>	6 <a href="#">12p Council of Governor's Visalia</a>	7 <a href="#">12p Council of Governor's Visalia</a>
Week 24	8 <a href="#">12p Council of Governor's Visalia</a>  <a href="#">12p Let's All See the Ball</a>	9 <a href="#">6a KTEH Phone team Lions Recognition</a>	10	11 <a href="#">12p Raffle Denis</a>  <a href="#">6p Almaden Super Exec. Committee Buca de Beppo</a>	12	13 <a href="#">6p Convention Committee</a>	14
Week 25	15	16	17	18  <a href="#">12p Raffle Tim</a> <a href="#">6p POKER</a>	19	20	21 <a href="#">6p Club Installation Marianis Restaurant</a>
Week 26	22 <a href="#">3p Cupertino Installation</a>	23 <a href="#">12p International Convention Bangkok</a>	24 <a href="#">12p International Convention Bangkok</a>	25 <a href="#">12p International Convention Bangkok</a>  <a href="#">12p Raffle Lloyd</a>	26 <a href="#">12p International Convention Bangkok</a>	27 <a href="#">12p International Convention Bangkok</a>	28
Week 27	29	30	1	2 <a href="#">12p Raffle Lanny</a>	3	4	5

## July 2008

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 27	29	30	1	2 <a href="#">12p Raffle Lanny</a>	3	4	5
Week 28	6	7	8	9 <a href="#">12p Raffle Fiacro</a>	10	11	12
Week 29	13	14	15	16 <a href="#">12p Raffle Phil</a>	17	18	19 <a href="#">6p Governor Marlene's Installation @ Morgan Hill Center</a>
Week 30	20 <a href="#">8a 4C-6 Cabinet Meeting San Martin Lions Hall</a>	21	22	23 <a href="#">12p Raffle Rick</a>	24	25	26
Week 31	27	28	29	30 <a href="#">12p Raffle Don</a>	31	1	2

**Your Suggestions Count -**

Please let us know how to make OUR Newsletter better. We welcome your input and article submissions.

Almaden Super Lions Newsletter  
E-Mail: [newsletter@almadenlions.org](mailto:newsletter@almadenlions.org)

**Almaden Super Lions Club**

**Club President**  
Lion Eddie Dinsmore

**Club Secretary**  
Lion Don Simpson  
capt\_don@pacbell.net

**Club Treasurer**  
Lion Na'ndor Krause  
geokrause@aol.com

**Region 3 Zone 1**

**Mount Hamilton**

**San Jose East Valley**  
Every Tuesday 7 pm, Carrow's Restaurant. 1696 Tully Road, San Jose

**San Jose Host**  
Every Tuesday 12:00 pm

**District 4C6**

**District Governor**  
Lion Bob DeUnger  
Sunnyvale Host

**Vice District Governor**  
Lion Marlene Duffin  
Saratoga Lions

**Cabinet Secretary**  
Lion Karen Fillmore  
Scale of Justice

**Cabinet Treasure**  
Lion Lila Johnson  
Carmel Host

**Region Three Chair**  
Lion Rick Silveria  
Almaden Super

**Zone One Chair**  
Lion Lois Ferber  
Almaden Super

**Zone Two Chair**  
Lion Bill Hart  
Gilroy Lions