

# THE DAILY PLANET



Published By: **ALMADEN SUPER LIONS CLUB**

District 4-C6. Serving the South San Jose Community

Website: [www.almadenlions.org](http://www.almadenlions.org) e-mail: [newsletter@almadenlions.org](mailto:newsletter@almadenlions.org)

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## Table of Contents

<i>Almaden Super Lions In Action</i>	1
<i>Service and Sharing</i>	1
<i>News Room</i>	2
<i>Special Report</i>	3
<i>Geek Talk</i>	4
<i>I Care Classic Field Report</i>	4
<i>Reader Submissions</i>	5
<i>Club Calendar</i>	6

## Side Lines

*This is the third issue since we modified our Newsletter layout and added more content. We had four pages in the April Issue and five pages in the May Issue. Our June issue has six pages.*

*Keep them coming. We welcome your submissions. If you have something to share, this is the place for you.*

*We are thinking to add a "Market Place Section" in the future. If you have something that is still in good condition but of no use to you, send us a picture with a short description and a price tag (part or all proceeds will go to Almaden Super Lions). Someone else may find it useful.*

*Please write to us with your suggestions and comments at [newsletter@almadenlions.org](mailto:newsletter@almadenlions.org)*

Editor *Lion Wen Doong*



## ALMADEN SUPER LIONS IN ACTION

BY LION VAL ISAACSON

The AJ Robinson Lions Mobile Screening Unit made a return appearance after several years' absence on Tuesday 5/15/07 to the annual Health Fair at The Atrium Senior Living in San Jose. The 32 foot long trailer provided checks of height, weight, BMI, blood pressure, vision and hearing in addition to diabetes screening. There were 21 participants; the oldest was a spry 99 yr old woman who was hopeful that if she got her hearing tested she would find that it was getting better! She did test in the pre-diabetes range but her daughter and I decided that at her age it was probably best not to share that with her. So it is true that if you live long enough diabetes is probably in your future. There were two others who tested in the possibly pre-diabetes range and decided that they could go for a short walk after each meal to help them get lower post-meal glucose readings. One person tested had diabetes but the test results were above her target range, and commented that "my fasting readings at the doctors are always good". But she was surprised to learn that



the elevated after meal glucose readings are probably going to cause her to have diabetes complications without her being aware that this is happening. One of the people tested was a participant at one of the other booths and her reading put her in the probably has diabetes category. She said, "this is the second or third time that I have had the same results at a health fair so I guess I had better make an appointment to see my doctor this week".

Lions Eddie Dinsmore, Debbie Donnell, Len Grilli, Phil Brewer, Val Isaacson, and Jim Isaacson from Cupertino Host Lions provided the necessary support to Optometrist Charmaine Ngin who volunteered her services for half of the day, and Lion John Costere, Santa Clara Host Lions was our driver, trainer, and testing support as needed. They all agreed that we should plan another community event to host the AJ Robinson Mobile Unit soon.

## SERVICE AND SHARING

BY LION EDDIE DINSMORE

[Editor: Lion Eddie Dinsmore will be our Club President for next year starting July. DAILY PLANET editor asked Lion Eddie to share his thoughts with us on Lionism and how to grow our Club.]

Our emphasis for this coming year will be "Service and Sharing". Why be a Lion? You may ask. The answer is very simple — you should be a Lion to share and serve. Give is far more rewarding than take. We have all received so much of from things we take for granted from the community we live. There is immediate satisfaction when we

get appreciation letters from the schools that we donated backpacks and school supplies. Close your eyes and picture the smile on a kid's face. You know you have made a difference in that kid. This is true for all the other hands-on projects that our Club does.

As a Club, we can carry out larger projects than individuals can. Whether it is community service oriented projects or fundraising events, we work as a team to achieve our goals and to share the sense of job satisfaction. We bring

hope and self-fulfillment to those who are in need. That is the greatest reward anyone can expect.

We will proactively involve young people in our successful ventures in community projects. They will become the leaders and Lions of tomorrow.

Service and Sharing will reinforce pride in our membership and attract other service-minded people to be a part of our success. That is what we will continue doing for the next year.

## News Room



*"We googled "Lions Bike Tour", it returned 1.29 millions results. Whereas, when we used the Lions Search Engine, it returned only 9 results with "I Care Classic" Website on top and Almaden Super Lions Home page as the second one in the list"*

## "I CAN SEE CLEARLY NOW THE RAIN IS GONE!"

BY LION LEN GRILLI

Unfortunately for many, their eyesight never improves even with the best of weather. Fortunately; with the simple task of collecting unwanted or no longer needed eyeglasses and distributing them, we can help many afflicted with poor eyesight to end their "blur interpretation". Clearly stated, goal for it by soliciting those desperately needed glasses from your family, friends, and neighbors. I believe you clearly see the need!

## SAY "THANK YOU, DAD" IN A GIANT WAY

BY LION LEN GRILLI

Why not treat dad and the whole family to an evening of baseball and fun. You remember the particulars: **June 29, 2007, 1900 hours, "Let's All See The Ball", San Jose Giants v. Stockton Ports, San Jose Municipal, \$2.00, etc.** Since this is an Almaden "Super" Lions sponsored project, why not give it the attention required of the Granito Trophy winner!

## ALMADEN SUPER LIONS ANNOUNCING ENHANCED WEBSITE

### Almaden Super Lions Club News Release

San Jose, CA., June 2 – Almaden Super Lions Web Development Team announced general availability of its updated website at [www.almadenlions.org](http://www.almadenlions.org).

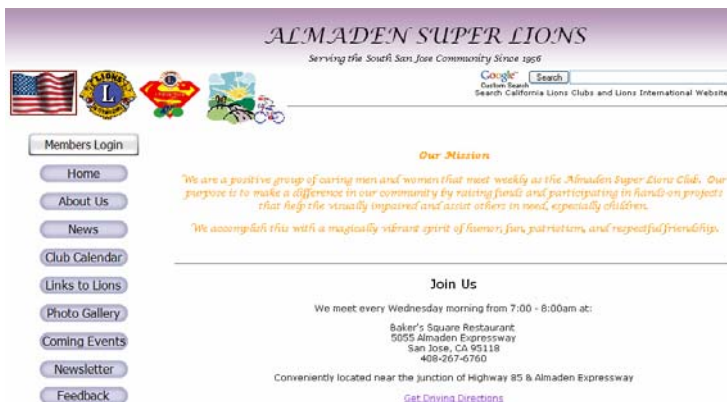
"Our updated website offers people an easy interface to see who we are and what we do. Our mission statement and contact information are on the front page to attract new members", says Lion Wen.

In addition to the appealing color theme, easy to use buttons and icons, the Web Development Team also implemented a "Lions Search Engine". Web Developer Wen Doong says, "The Lions Search Engine is in its beta testing stage. It is the search engine to use to search for information that is pertinent and relevant to Lions Clubs. The searches are done against a custom set of websites including Almaden Super Lions, Lions International, and California Lions Clubs Websites. We will add more Lions Clubs' Websites to the Lions Search

Engine in the future." As a test, we googled "Lions Bike Tour" on the Web. It returned 1.29 million results. Whereas, when we used the Lions Search Engine, it returned only 9 results with "I Care Classic" website on top and Almaden Super Lions Home page as the second one in the list.

The Almaden Super Lions Web Team plans to add video clips and other features in the near future. "We are happy that our website has

had more than 400 hits since we rolled it out two weeks ago. With the Lions Search Engine, we hope it will become a "Portal to the Lions World", says Wen.



### About Almaden Super Lions Club:

Almaden Super Lions Club founded in 1956 is a member of the Lions Clubs International - the largest service club organization in the world! Our club is made up of 100% local volunteers who provide services to our local community and spreads throughout the world.

# SPECIAL REPORT - WHAT YOUR CELLPHONE CARRIER DOES NOT WANT YOU TO KNOW

BY ALMADEN NEWSLETTER STAFF REPORTER



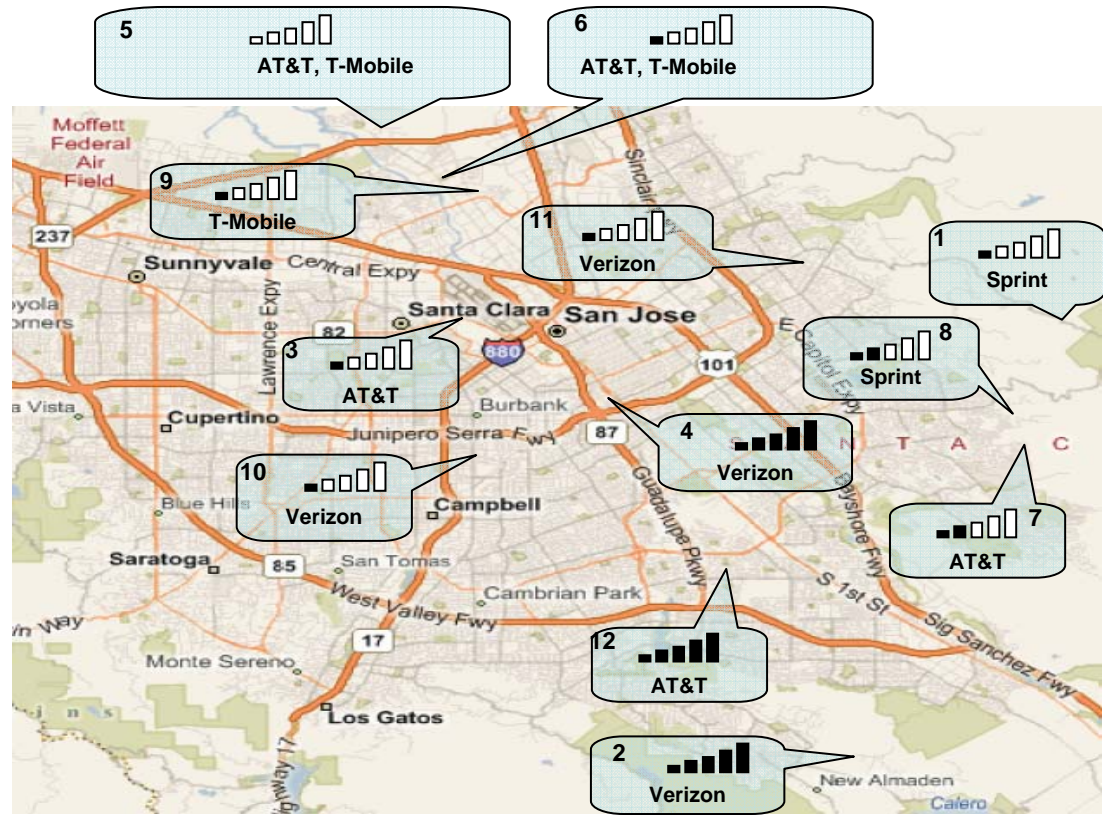
Hiding  
From You

*“We switched cell phone carrier three times in three years”*

“We switched cell phone carrier three times in three years. We went from AT&T to T-Mobile for a very attractive plan only to find out that T-Mobile’s coverage in New Almaden was very poor. We could only make calls on the second floor near window at night. It became such a nuisance, we went back to AT&T two years ago. AT&T had upgraded their network to GSM digital services. We bought a family package and signed a two year plan. AT&T’s new GSM digital coverage was even poorer than T-Mobile. We cancelled that plan and went to Verizon and have been with Verizon since.”  
Does this story sound familiar to you?

There is a great Website that provides searchable data bases of over 124,000 cell phone tower locations registered with the FCC, and over 35,000 cell phone carrier comments submitted voluntarily from real customers using their service all over the U.S.

Your Daily Planet Newsletter team picked 12 locations from the website in San Jose and plotted their customer ratings. Test calls made at these locations were within the past six months. The next time when you are ready to switch carrier, check out the coverage first at <http://www.cellreception.com/>.



	Date	Type of Phone	Location
1	Apr 20, 2007	Not Specified	Mt Hamilton Rd., <a href="#">San Jose, CA</a> 95127
2	Apr 30, 2007	<a href="#">LG VX8300</a>	McKean / Fortini Rd. intersection, <a href="#">San Jose, CA</a> 95120
3	Apr 19, 2007	Not Specified	Santa Clara University - Campbell Ave / El Camino, <a href="#">San Jose, CA</a> 95126
4	Apr 16, 2007	Not Specified	1st and Julian, <a href="#">San Jose, CA</a> 95112
5	Apr 12, 2007	Blackberry	First St. and Rio Robles / Baypointe intersection, <a href="#">San Jose, CA</a> 95134
6	Apr 12, 2007	Blackberry	Descanso Dr. / Baypointe Pkwy. intersection, <a href="#">San Jose, CA</a> 95134
7	Mar 19, 2007	Not Specified	7316 Via Laguna / San Felipe and Villages Pkwy, <a href="#">San Jose, CA</a> 95135
8	Mar 16, 2007	<a href="#">Treo 700wx</a>	Fowler St. / Littleworth Way intersection, <a href="#">San Jose, CA</a> 95135
9	Mar 06, 2007	Motorola V3 Razr	River Oaks / Elan Village Ln intersection, <a href="#">San Jose, CA</a> 95134
10	Feb 26, 2007	<a href="#">Samsung SCH-A950</a>	Bascom / Fruitdale, <a href="#">San Jose, CA</a> 95126
11	Dec 07, 2006	motorola cricket	Kirk Ave. / Alum Rock Ave. intersection, <a href="#">San Jose, CA</a> 95127
12	Dec 08, 2006	<a href="#">Razr V3i</a>	Branham / Snell-Pearl intersection, <a href="#">San Jose, CA</a> 95136

## GEEK TALK

Compiled By Almaden Super  
Lions Newsletter Staff



**Mark Saturday May 17, 2008 on your calendar now. We will see you there next year at our 17th Annual I Care Classic Bicycle Tour!**

## Can I catch a virus from a web page? (Part 3)



*Unfortunately, yes, in several ways. While in principle the web is designed to be safe, security flaws are sometimes uncovered in web browser software, and unscrupulous people have been known to exploit them. Fortunately, there are five major steps you can take to protect yourself effectively. This is the third part of a five-month series.*

(Step 3) Install quality antivirus software, and **ALLOW IT TO FETCH AUTOMATIC UPDATES.** If your antivirus software icon is blinking at you, it is probably asking your permission to go

fetch crucial updates you **must have** to keep its protection up to date; click the icon and answer those prompts. As of this writing, [Grisoft offers AVG, a quality antivirus utility, free](#) for home use. [Symantec](#) offers Norton Antivirus, and [McAfee Security](#) also provides a quality antivirus program. Good Windows antivirus software for business use is not free. If you must run Windows for your business, you will need to buy antivirus software.

## I CARE CLASSIC BICYCLE TOUR

BY LION WEN DOONG

As a new member of the Club, it was my first time participating in the I Care Classic Bike Tour Project. From the kick-off meeting at Lion Judy Froom's house back in March to the postmortem meeting two weeks ago, it has been a fun and rewarding experience.

In one of the meetings, Lion Steve worried that not enough riders would come this year. Nancy told him, "Oh, Steve, don't worry about it. This will be the best year ever" Nancy was right! We had almost 600 riders this year with nearly 20% of them doing the 100-mile ride. We had more riders than any of past years.



Please mark Saturday May 17, 2008 on your calendar now. We look forward to seeing you there next year at our 17th Annual I Care Classic Bicycle Tour again!

(Please visit our Website for more I Care Classic bicycle Tour Pictures at [www.icareclassic.org](http://www.icareclassic.org) or [www.almadenlions.org](http://www.almadenlions.org))



## Submissions From Our Readers



## JUNE MONTH IN “THIS HISTORY”

BY LION EDDIE DINSMORE

**1752:** Ben Franklin reportedly flies a kite in a thunderstorm to prove lightning is electricity.

**1885:** The Statue of Liberty arrives in New York Harbor as a gift to friendship from France.

**1886:** President Grover Cleveland marries in the White House, making him the only president to wed in the executive mansion.

**1928:** Amelia Earhart is the first woman to fly (as passenger) across Atlantic Ocean.

**1933:** Richard Hollingshead invents the first drive-in theater, which opened in Camden, N.J.

**1934:** Donald Duck debuts as a supporting character in the film “The Wise Little Hen”.

**1949:** George Orwell publishes his famous anti-utopian novel “1984”.

**1953:** The first Corvette rolls off production lines in Flint, Mich.

**1974:** Henry Heimlich publishes an article outlining his new technique for dislodging an object from a choking victim. His method is soon dubbed the “Heimlich Maneuver.”

**1979:** Muhammad Ali an-

nounces he is retiring from boxing (thou he still fights two more bouts).

**1997:** The first Harry Potter book “Harry Potter and the Philosopher’s Stone” (retitled “Harry Potter and the Sorcerer’s Stone” in the United States), is published in Britain.

**2000:** J. Craig Venter and Francis S. Collins announce they have mapped the human genome.

## SCRABBLE GAME

BY LION WEN DOONG

### DORMITORY:

When you rearrange the letters:  
DIRTY ROOM

### PRESBYTERIAN:

When you rearrange the letters:  
BEST IN PRAYER

### ASTRONOMER:

When you rearrange the letters:  
MOON STARER

### THE EYES:

When you rearrange the letters:  
THEY SEE

### GEORGE BUSH:

When you rearrange the letters:  
HE BUGS GORE

### THE MORSE CODE :

When you rearrange the letters:  
HERE COME DOTS

### SLOT MACHINES:

When you rearrange the letters:  
CASH LOST IN ME

### ELECTION RESULTS:

When you rearrange the letters:  
LIES - LET'S RECOUNT

### SNOOZE ALARMS:

When you rearrange the letters:  
ALAS! NO MORE Z 'S

### A DECIMAL POINT:

When you rearrange the letters:  
IM A DOT IN PLACE

### THE EARTHQUAKES:

When you rearrange the letters:  
THAT QUEER SHAKE

### ELEVEN PLUS TWO:

When you rearrange the letters:  
TWELVE PLUS ONE

AND FOR THE GRAND FINALE:

### MOTHER-IN-LAW:

When you rearrange the letters:  
WOMAN HITLER

[Source: On-Line]

<i>June 2007</i>							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<a href="#">Week 22</a>	<a href="#">27</a>	<a href="#">28</a>	<a href="#">29</a>	<a href="#">30</a> <a href="#">7a Almaden Super Lions Club Meeting</a> <a href="#">7a Almaden Super Lions Meeting Board Meeting Report</a>	<a href="#">31</a> <a href="#">Lions MD4 Council Meeting San Jose</a>	<a href="#">1</a> <a href="#">Lions MD4 Council Meeting San Jose</a>	<a href="#">2</a> <a href="#">Lions MD4 Council Meeting San Jose</a> <a href="#">2p Lions MD4 Student Speaker Contest San Jose</a>
<a href="#">Week 23</a>	<a href="#">3</a>	<a href="#">4</a>	<a href="#">5</a> <a href="#">6p Poker Night</a>	<a href="#">6</a> <a href="#">7a Almaden Super Lions Club Meeting</a> <a href="#">7a Lions Invite Guest to Meeting Day</a>	<a href="#">7</a> <a href="#">5p Wild Game Feed Cupertino Host Lions</a>	<a href="#">8</a>	<a href="#">9</a>
<a href="#">Week 24</a>	<a href="#">10</a>	<a href="#">11</a>	<a href="#">12</a>	<a href="#">13</a> <a href="#">7a Almaden Super Lions Club Meeting</a> <a href="#">5p ASL Installation</a>	<a href="#">14</a>	<a href="#">15</a>	<a href="#">16</a>
<a href="#">Week 25</a>	<a href="#">17</a> <a href="#">Fathers Day</a>	<a href="#">18</a>	<a href="#">19</a>	<a href="#">20</a> <a href="#">7a Almaden Super Lions Club Meeting</a>	<a href="#">21</a> <a href="#">6p Almaden Super Lions Board Meeting</a>	<a href="#">22</a>	<a href="#">23</a>
<a href="#">Week 26</a>	<a href="#">24</a>	<a href="#">25</a> <a href="#">11a Los Gatos Lions Golf 10th Annual Open</a>	<a href="#">26</a>	<a href="#">27</a> <a href="#">7a Almaden Super Lions Club Meeting</a> <a href="#">7a Almaden Super Lions Meeting Board Meeting Report</a>	<a href="#">28</a>	<a href="#">29</a> <a href="#">7p 1st Annual Lion Dale McElroy "Let's All See the Ball" San Jose Giants Fundraiser</a>	<a href="#">30</a>

<i>July 2007</i>							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<a href="#">Week 27</a>	<a href="#">1</a>	<a href="#">2</a> <a href="#">Lions Clubs International Convention</a>	<a href="#">3</a> <a href="#">Lions Clubs International Convention</a> <a href="#">6p Poker Night</a>	<a href="#">4</a> <a href="#">Lions Clubs International Convention</a> <a href="#">7a Almaden Super Lions Club Meeting</a> <a href="#">7a Lions Invite Guest to Meeting Day</a>	<a href="#">5</a> <a href="#">Lions Clubs International Convention</a>	<a href="#">6</a> <a href="#">Lions Clubs International Convention</a>	<a href="#">7</a>
<a href="#">Week 28</a>	<a href="#">8</a>	<a href="#">9</a>	<a href="#">10</a>	<a href="#">11</a> <a href="#">7a Almaden Super Lions Club Meeting</a>	<a href="#">12</a>	<a href="#">13</a>	<a href="#">14</a>
<a href="#">Week 29</a>	<a href="#">15</a>	<a href="#">16</a>	<a href="#">17</a>	<a href="#">18</a> <a href="#">7a Almaden Super Lions Club Meeting</a>	<a href="#">19</a>	<a href="#">20</a>	<a href="#">21</a> <a href="#">5p Lions District Installation of Officers</a>
<a href="#">Week 30</a>	<a href="#">22</a>	<a href="#">23</a>	<a href="#">24</a>	<a href="#">25</a> <a href="#">7a Almaden Super Lions Club Meeting</a> <a href="#">7a Almaden Super Lions Meeting Board Meeting Report</a>	<a href="#">26</a>	<a href="#">27</a>	<a href="#">28</a> <a href="#">12p Lions Eye Foundation Annual Meeting</a>
<a href="#">Week 31</a>	<a href="#">29</a>	<a href="#">30</a>	<a href="#">31</a>	<a href="#">1</a> <a href="#">7a Almaden Super Lions Club Meeting</a> <a href="#">7a Lions Invite Guest to Meeting Day</a>	<a href="#">2</a>	<a href="#">3</a>	<a href="#">4</a>

**Your Suggestions Count –**

Please let us know how to make OUR News Letter better. We welcome your input and article submissions.

Almaden Super Lions News Letter

E-Mail: [newsletter@almadenlions.org](mailto:newsletter@almadenlions.org)

**Almaden Super Lions Club**

**Club President**

Lion Tom Smith  
[tsmith0794@hotmail.com](mailto:tsmith0794@hotmail.com)

**Club Secretary**

Lion Val Isaacson  
[val-i@pacbell.net](mailto:val-i@pacbell.net)

**Club Treasurer**

Lion Lanny Ross  
[lross17@sbcglobal.net](mailto:lross17@sbcglobal.net)

**Region 3 Zone 1**

**Mount Hamilton**

1<sup>st</sup> & 3<sup>rd</sup> Thursday 7:00 pm,  
Baker's Square, Milpitas

**San Jose East Valley**

Lion Bill Evans – President,  
Every Tuesday 7:00 am at  
Carrow's Restaurant. 1696  
Tully Road, San Jose

**San Jose Host**

Lion Art Knopf - President  
Every Tuesday 12:00 pm  
Moose Lodge, 1580 Hamilton  
Ave, San Jose

**District 4C6**

**District Governor**

Lion Chris Morris  
Los Gatos

**Vice District Governor**

Lion Bob DeUnger  
Sunnyvale Host

**Cabinet Secretary/Treasurer**

Lion Liz Crooke  
Salinas Host Lions

**Region Three Chair**

Lion Steve Marks  
Almaden Super

**Zone One Chair**

Lion Rick Silveria  
Almaden Super

**Zone Two Chair**

Lion Diane Van Straaten  
San Martin